Workshop in Motivation and Emotion
Healthy Behavior and Sports: Research and Practice from a Motivational Perspective

14h30 Aim of the Workshop
Joaquim Armando Ferreira, PhD
Coordinator Inter-University Doctoral Programme in Education Psychology
University of Coimbra / University of Lisbon

15h00 Types of Motivation and Healthy Habits
Lennia Matos, PhD
Catholic University of Peru

15h30 Corrective Feedback, Psychological Needs and Emotions in Sports Contexts
Athanasios Mouratidis, PhD
Hacettepe University, Ankara

16h30 Discussion

May 4th, 2016
FPCE-UC Auditorium (Building 1)
ENTRADA LIVRE

organization
Maria Paula Paixão
Pedro Cordeiro
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