

Emergency Telephone Numbers		
	National emergency telephone number	112
	Firefighters	239 792 800
	Coimbra Hospital and University Centre (CHUC)	239 400 400
	Poison Information Centre (CIAV)	808 250 143
	Police (PSP)	239 797 640
	Portuguese Immigration and Borders Service (SEF)	239 853 500
	Criminal Police (PJ)	239 863 000
	Coimbra Water Provider (Águas de Coimbra)	239 096 000
	Gas Provider	239 854 320
	Portugal Electricity Provider (EDP)	808 505 505
	Taxi - Praça da República	239 499 090
	Civil Emergency (Proteção Civil)	239 854 060
	Red Cross	239 825 395

Notice

Read the General Regulation of SASUC's University Residences, available at: http://www.uc.pt/regulamentos/sasuc/vigentes/regulamento_geral_residencias_universitarias_dos_sasuc.pdf ;
 Ensure that the equipment and appliances are in good conditions;
 Always close the residence entrance door;
 When you leave the bedroom make sure the windows are closed;
 Do not give your room keys or the residence access card to anyone;
 Respect prohibited times for residential noise: from 11 p.m. to 7 a.m.;
 Respect visiting hours: from 10 a.m. to 10 p.m. (overnight stay is not allowed);
 Do not smoke inside the residence;
 Do not eat in the bedroom;
 Pets are not allowed, except assistance dogs.

SASUC Contact

Accommodation Office
 R. Oliveira Matos, 27
 3000-305 Coimbra PORTUGAL
 Phone: +351 239 101 282
 E-mail: gabadmin@sas.uc.pt

www.uc.pt/sasuc

Working hours | Reception hours
 9 a.m.– 5:30p.m. 9:30 a.m. – 5 p.m.

Guide to Polo III University Residence



Description

University Residence very close to the Coimbra Hospital and University Centre (CHUC), Faculties of Pharmacy, Medicine and Economics, research centres (IBILI - Institute for Biomedical Imaging and Life Sciences and ICNAS - Institute of Nuclear Sciences Applied to Health) and a 10 minute walk from downtown.

Gender admittance: male/female

Capacity: 270 beds

Price range: 73.73€ - 265€



Residential Assistant

Ana Paula Riny
 Phone: (+351) 936 439 874

Location

40° 13'12.72"N, 8° 25'4.74"W
 Azinhaga de Sta Comba
 3000-548 Coimbra, Portugal

Nearby places of interest:

- ⇒ Shopping centres (in Celas)
- ⇒ University of Coimbra Canteens
- ⇒ Chapel
- ⇒ Supermarket
- ⇒ Pharmacy
- ⇒ Hospital
- ⇒ Celas Swimming Pool
- ⇒ Public transportation
- ⇒ Gas station



About the Residence

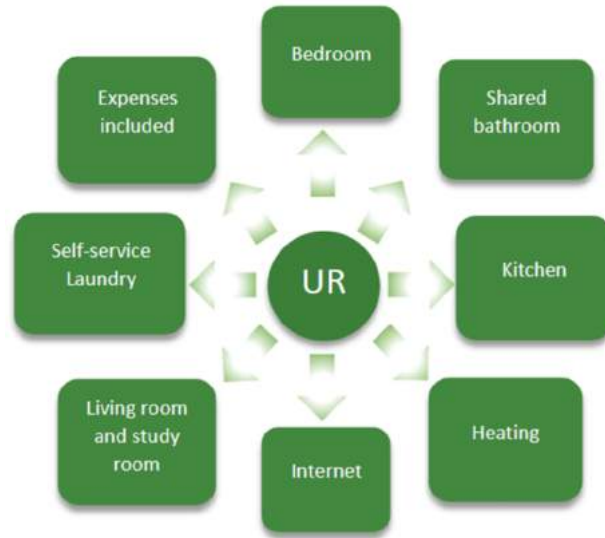
The residence has four floors, entailing female and male wings. Each wing has a kitchen with a TV set, bathrooms and a living room.

- double and single bedrooms
- study room on the ground floor

Amenities

Bedroom
bed
desk
chair
lamp
closet
shelf
bed and bathroom linen

Kitchen
fridge
stove
microwave
dishwasher
table
chairs
TV set



Internet

Internet access within the common areas of the residence, after requesting the password at the Faculty in which you are enrolled.

Internal Functioning

Admission/Exit



You must request the activation of the UC identification card at the Accommodation Office to be able to enter the residence. Upon check-in, you will receive 1 bedroom key, 1 bedroom closet key, 1 bathroom key and 1 kitchen key. You must fill out the admission form and the Portuguese Immigration and Borders Service form (if you are not a Portuguese citizen). Upon check-out, you must return the keys to the residential assistant and fill out the exit form. The admission and exit forms are signed and dated by both parties.

Exchange of the bed and bathroom linen



The distribution of fresh linen and the exchange of used linen is made weekly within the established day and time slot:

Tuesday: 9 a.m. - 12:30 p.m. and 2 p.m. - 5 p.m.

Wednesday: 9 a.m. - 12:30 p.m. and 2 p.m. - 5 p.m.

Notice: the number of linen items delivered to you is the exact number as those received.



Clothes maintenance

The residence provides launderette for common use, entailing detergent, softner and disinfectant.

Kitchen

The cooling appliances and cabinets available are meant for all residents, who must agree on space assignment in common storage areas. The residents can also use the lockers to keep groceries and utensils. All residents must get their own kitchen tools and utensils, as SASUC will not provide those items.

Notice: To use the stove, it is necessary to turn on the ventilation. With the ventilation off, it will not activate the gas circulation and the stove will not work.



Cleaning

SASUC guarantee a thorough cleaning of common areas every 2 weeks.

The residents must keep all areas clean on a daily basis, including the bedrooms. All residents must comply with the cleaning schedule established by the delegate student.

Distribution of detergent and toilet paper

The residential assistant distributes once a month detergent for the cleaning of the kitchen and bathrooms and delivers 2 toilet paper rolls to the delegate student who will afterwards distribute them among the residents.

Bedroom supervision

The residential assistant supervises the bedrooms twice a month with previous notice and in your presence to ensure cleanliness, organization and upkeep.



Personal belongings safety



There are closets in every bedroom for residents to store their personal belongings. Whenever personal belonging storage is required elsewhere, you must ask SASUC for permission.

Recycling

Cooking oils, paper

The recycling containers are in the kitchen and there is an extra paper container in the study room.



Mail



Personal mail is received by the residential assistant, who will hand-deliver it or leave it under your bedroom door.