#### SOCIAL SERVICES | UNIVERSITY OF COIMBRA

### WELCOME

#### FIND OUT HOW WE CAN HELP YOU



### canteens

There are several canteens next to the colleges with different food options.

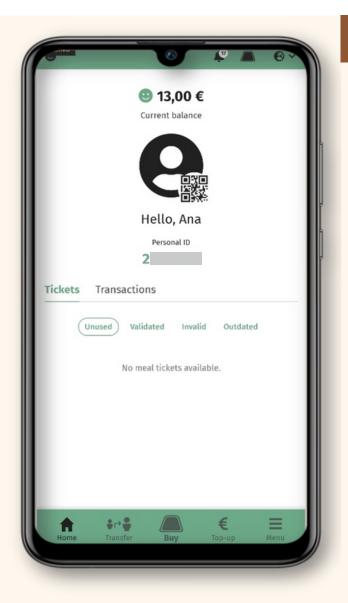
The University of Coimbra (UC) is the portuguese higher education institution with the cheapest social meal.

You can buy your meal with SASUC GO! app.



For 2,40€, students can eat a complete meal with bread, soup, main dish (meat, fish or vegan) and fruit or dessert. We have other options, at other prices, such as pizza, pasta or baguettes.

#### Download the SASUC GO! app



#### **FOLLOW THESE STEPS:**

- 1. Access <a href="https://sasuc.go.uc.pt/login">https://sasuc.go.uc.pt/login</a>
- 2. Register with your UC student e-mail and password
- 3. Set a PIN and confirm

Your account is created and associated to your Student card.

You can start using it!

SASUC GO! is a web app. To install it on your mobile phone, click on the three dots in the top right corner and choose "Install application" option.

If you want to see the menu, at SASUC GO! app, go to "Buy" and in the top right corner you have the menu button.

If you choose to have the social meal, you can purchase it immediately, wherever you are.

When you arrive at the canteen, swipe the meal QR-code on the QR-code reader at the beginning of the line and that's it!



HOW TO TOP UP YOUR ACCOUNT THROUGHT SASUC GO APP?

To top up the account, select the "Top up" option, then "New top up" and select the desired payment method from among those available.

If you choose to top up the account using an ATM reference, click on "New ATM reference", put the amount to be credited to the account (minimum 5€) and press the "generate" button.



In all canteens, there are kiosks where you can top up your account and buy meals.



### laundry

We have a central selfservice laundry open 24/7, located at the bottom of Monumental Stairs.

Pay with SASUC Go! app.

Between 5pm and 9am access is via student card.

Before using it for the first time at night, you must go to the Laundry during daytime hours to register your card.

### health services

The University community has also access to various clinical specialties (including mental health), nursing and clinical analysis, provided at reasonable prices.





You can schedule your appointment by:

phone: 239 240 845

email: gabadmin@sas.uc.pt

Health services are located on the 2nd floor of the FMUC building, on Rua Larga (Polo I).

# accomo dation

Applications for university residences accommodation are open throughout the year.

Applications for accommodation can be submitted here: https://portaldossas.uc.pt/meuprocesso/#/sasuc/pedidoAlojamento

## Residences are located close to the colleges.

In all of them there is wifi, kitchen, self-service laundry and common living spaces; bed and bath linens are included.



### scholarships





Although some schcolarships aren't available for international students, if you are experiencing economic difficulties, you can apply to Fundo de Ação Social António Luis Gomes, managed by the Associação Académica de Coimbra, with the support of UC and SASUC.



# ENJOY THE UNIVERSITY OF COIMBRA

#### **Contact us**

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